



Organizing Authorities:

**OSTEND SAILING**

Halvemaandijk 4 – 8400 Oostende [www.ostendsailing.be](http://www.ostendsailing.be)

In collaboration with

**TWINSCLUB**

Driftweg 69 - 8450 Bredene [www.twinsclub.be](http://www.twinsclub.be)

and

**ROYAL NORTH SEA YACHT CLUB**

Montgomerykaai 1 - 8400 Oostende [www.rnsyc.be](http://www.rnsyc.be)

**FLINN Cup**

**September 7 & 8, 2024**

**SAILING INSTRUCTIONS**

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

All times in this notice of race are in Belgian summertime (GMT+2 24-hour format).

## 1. RULES

See Notice of Race §1

## 2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 10:00 h on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 h on the day before it will take effect.

## 3. COMMUNICATIONS WITH COMPETITORS

1. Notices to competitors will be posted on the official notice board on the WhatsApp group for participants (join via WhatsApp Group: <https://chat.whatsapp.com/JxQI3VGZGwyGfqNRChykAn>). "Notice Board".
2. The race office is located at Ostend Sailing, email [zeilschool@ostendsailing.be](mailto:zeilschool@ostendsailing.be).

## 4. CODE OF CONDUCT

1. [DP] Competitors and support persons shall comply with reasonable requests from race officials.
2. [DP] Competitors and support persons shall handle any equipment supplied by the organizing authority with care, seamanship, in accordance with any instructions for its use and without interfering with its functionality.

## 5. SIGNALS MADE ASHORE

1. Signals made ashore will be displayed at a boat mast in front of Ostend Sailing.

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- 2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less 20 minutes for Multihull's.

## 6. SCHEDULE OF RACES

- 1. Dates and number of races:

Date	
07/09/2024	Multihull's and Patins 2 to 3 races scheduled
08/09/2024	Multihull's and Patins 2 to 3 races scheduled

- 2. The scheduled time of the warning signal for the first race each day is:

Date	C1, C3	Patin
07/09/2024	13:50	14:00
08/09/2024	12:50	13:00

- 3. On the last scheduled day of racing no warning signal will be made after 16:00 h.

## 7. CLASS FLAGS

The class flags are:

Class	Flag
Multihul C1	Purple
Multihull C3	Light green
Patin	Nosepasa Flag

## 8. RACING AREA

Normally racing area "East" (see Notice of Race addendum 2), unless amended before 10:00 h on the notice board

## 9. COURSES

See addendum 1.

## 10. MARKS

Marks 1, 2, 3 are orange marks. Pin-end mark is yellow. Finish mark is a light blue mark.

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## 11. OBSTRUCTIONS

The Harbour channel once you are north of the green buoy “O5” or red mark “O6”, the zone between cardinal buoy “OH9” and the western Harbour wall and the no-go-zone (fines!!) around RT1 delimited by cardinal buoys BA-N, BA-E, BA-S and BA-W. See addendum 2A.

## 12. THE START

1. The starting line is between a staff displaying an orange flag on the signal vessel at the starboard end and a yellow pin-end buoy.
2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound five minutes before a warning signal is made.
3. A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## 13. CHANGE OF THE NEXT LEG OF THE COURSE

To course will not be changed after the start of the first starting class.

## 14. THE FINISH

The finishing line is between a staff displaying a blue flag on the finishing signal vessel at the port end and a light blue mark on the starboard end.

## 15. SPARE

## 16. TIME LIMITS AND TARGET TIMES

1. The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

	<b>Time limit Mark 1</b>	<b>Time limit</b>	<b>Target time</b>	<b>Finishing window</b>
Multihull's	25 min	90 min	45 min	20 min
Patin	25 min	90 min	40 min	20 min

2. If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
3. The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized, or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2 and A10. If the first boat sails longer than 60 minutes, the time limit will be 20 min.

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4. Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).

## 17. HEARING REQUESTS

A protest committee has not been appointed, prove your sportsmanship and fair sailing, spontaneously take a 360°-penalty turn (one tack and one gybe) as soon as possible after you obstructed a right of the way boat or touched a mark.

## 18. SCORING

When 4 or more races have been completed, a boat's series score is the total of her race scores excluding her worst score.

## 19. [NP] SAFETY REGULATIONS

1. [DP] A boat that retires from a race shall notify a race committee, safety/patrol, or jury boat as soon as possible and the race office immediately after returning to the shore.
2. Competitors who require assistance should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.
3. Competitors will read the SAFETY FIRST information on [www.ostendsailing.be](http://www.ostendsailing.be) and comply with all safety regulations.

## 20. REPLACEMENT OF CREW OR EQUIPMENT

1. Substitution of competitors is not allowed without prior written approval of the principal race officer or the race office secretary.
2. [DP] Substitution of damaged or lost equipment is not allowed unless authorized in writing by the principal race officer or the race office secretary. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.
3. Any request to change an equipment, such as sail numbers or requests to change a crewmember shall be submitted by email to [zeilschool@ostendsailing.be](mailto:zeilschool@ostendsailing.be) or via WhatsApp Group: <https://chat.whatsapp.com/JxQI3VGZGwyGfqNRChykAn> .

## 21. EQUIPMENT AND MEASUREMENT CHECKS

1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.
2. [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

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22. SPARE

23. SPARE

#### 24. [NP] [DP] SUPPORT TEAMS

1. Team leaders, coaches and other support persons shall not communicate with boats that are racing from the time of the preparatory signal for the first start until all boats have finished except when they assist capsized or damaged boats.
2. Support person vessels shall be identified as requested in the notice of race.

#### 25. [DP] TRASH DISPOSAL

For hygienic reasons, trash may not be placed aboard official vessels.

#### 26. BERTHING

See notice of race § 18

27. SPARE 28.

28. SPARE 29.

#### 29. PRIZES

See notice of race § 24

#### 30. RISK STATEMENT

See notice of race § 22

#### 31. INSURANCE

See notice of race § 23

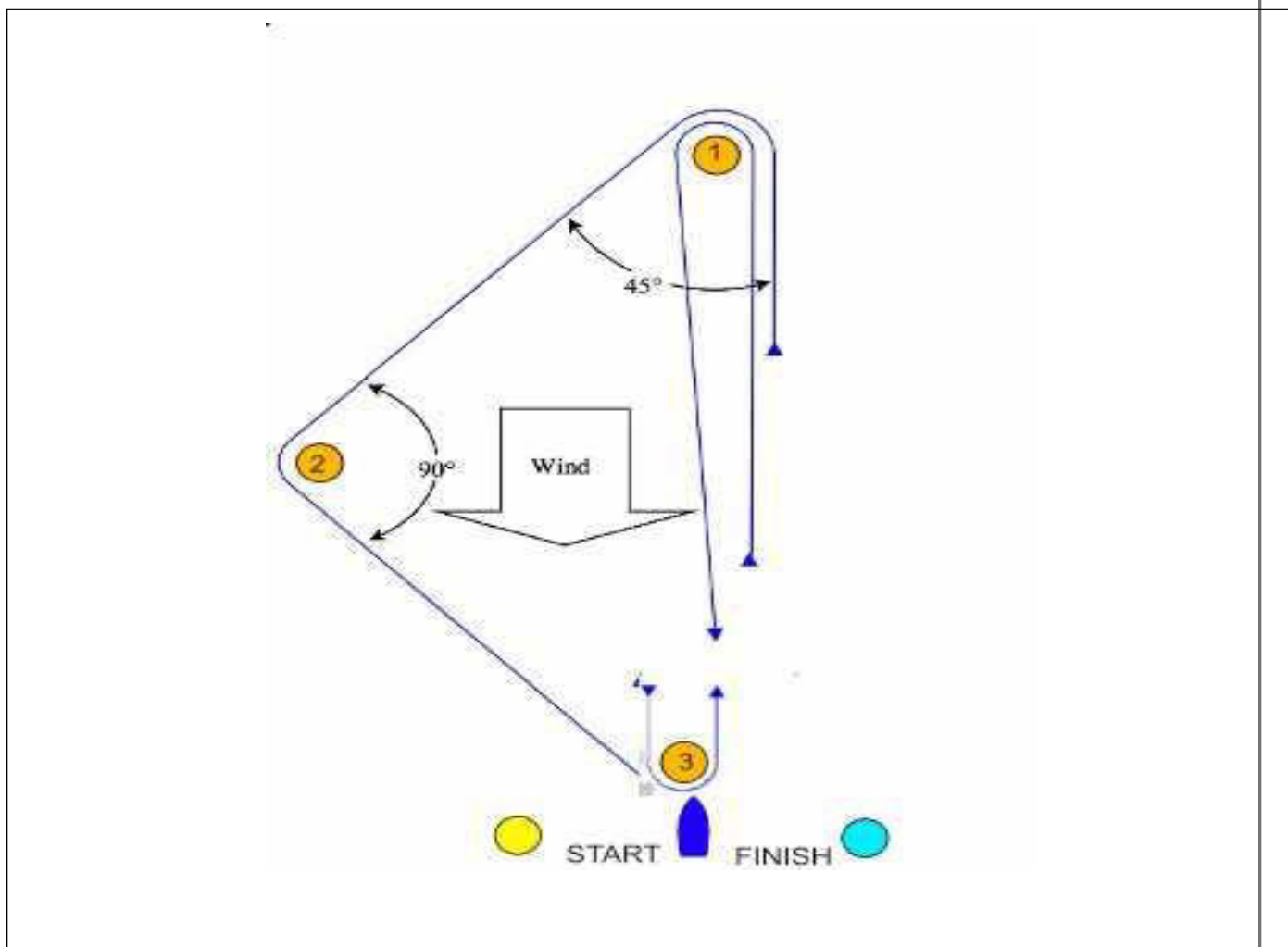
Join the WhatsApp group for participants at the Ostend Cup

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**Addendum 1: Triangular & upwind-downwind basic course**



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Class	Course to sail
Multihull C1	Start – 1 – 3 – 1 – 3 – 1 - Finish
Multihull C3	Start – 1 – 2 – 3 – 1 – Finish
Patin	Start – 1 – 2 - Finish

**Addendum 2a: Obstructions – no go zones**



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